

## Perinatal and Infant Mental Health Services – Helen Mayo House Annual Conference 2018



**Date:** Friday 23 November

**Time:** 8.30am – 4.45pm

**Venue:** Adelaide Convention Centre

**Cost:** \$260.00

**Book now to avoid late fee**

### Keynote speakers

**Dr Wendy Bunston**, author of *'Helping babies and children to heal after family violence'*. She has studied the experiences and needs of infants fleeing domestic violence.

**Glenise Coulthard**, an Adnyamathanha woman and health services manager with extensive experience in embedding culturally and perinatally appropriate care in South Australia's Aboriginal and mainstream health services

**Julia Dalton**, registered nurse/midwife with a passion for research, particularly for socially disadvantaged women. She has piloted a well-being app for pregnant women.

**Dr Tonia Mezzini**, a sexual health physician who consults from Wellend Health at Burnside Hospital and teaches at the Adelaide University Rural Medical school. She assists women to rediscover sexuality after childbirth and trauma.

### Information booths will be hosted by:

- > COPE – The Centre of Perinatal Excellence Emerging
- > Minds, the national workforce centre for child mental health

**Our dedicated Perinatal & Infant Mental Health Staff will run workshops on:**

- Working with infants in the child protection space
- Supporting attachment relationships within the context of medical trauma
- approaches to parenting in borderline personality disorder
- Talking with troubled mothers
- Introduction to Attachment and Biobehavioural Catch-up ABC)

**Register today!** To register or for more information phone (08) 7087 1047 or visit [www.wch.sa.gov.au](http://www.wch.sa.gov.au).

### About Helen Mayo House

Perinatal and Infant Mental Health Services - Helen Mayo House (WCHN) is a service that treats women with mental illness along with their infants and families.

Helen Mayo House is the inpatient mother-infant unit, while consultation-liaison (at the Women's and Children's Hospital) and community arms provide additional clinical and teaching services.

**Meet the authors  
&  
Book signing**

**Dr Anne Sved Williams  
Dr Wendy Bunston**

